



SERIES: PRESCRIPTIONS FOR A HEALTHY & HOLY CHURCH:  
III. MAINTAINING PROPER DIET & EXERCISE

## **A.) FIT MARRIAGES, FIT SINGLENES**

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## A.) FIT MARRIAGES, FIT SINGLENESSE



### 1.) MARITAL SEX (vv. 1-5)

a.) Husband & Wife

b.) Love & Pleasure

c.) A Mutual Offering

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**A.) FIT MARRIAGES, FIT SINGLENESS**



**2.) TO BE MARRIED OR SINGLE**  
**(vv. 6-9)**

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A.) FIT MARRIAGES, FIT SINGLENESSE



3.) INSTRUCTIONS ABOUT DIVORCE

(vv. 10-16)

a) God Hates Divorce (v. 10)

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III. MAINTAINING PROPER DIET & EXERCISE

A.) **FIT MARRIAGES, FIT SINGLENES**



3.) **INSTRUCTIONS ABOUT DIVORCE**

**(vv. 10-16)**

b.) **Christian Spouses (vv. 10-11)**

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A.) **FIT MARRIAGES, FIT SINGLENES**



3.) **INSTRUCTIONS ABOUT DIVORCE**

**(vv. 10-16)**

c.) **'Mixed' Spouses (vv. 12-16)**

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A.) **FIT MARRIAGES, FIT SINGLENES**



3.) **INSTRUCTIONS ABOUT DIVORCE**

**(vv. 10-16)**

d.) **Contentment in the Lord (vv. 17-24)**

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## A.) FIT MARRIAGES, FIT SINGLENESS



### 4.) SINGLE, BUT NEVER ALONE (vv. 25-40)

#### a.) Advantages (vv. 25-35)

1.) Flexibility (vv. 29-31)

2.) Undivided Devotion (vv. 32-35)

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## A.) FIT MARRIAGES, FIT SINGLENESSE



4.) SINGLE, BUT NEVER ALONE (vv. 25-40)

b.) The Challenge (vv. 36-38)

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III. MAINTAINING PROPER DIET & EXERCISE

## A.) FIT MARRIAGES, FIT SINGLENESSE



4.) SINGLE, BUT NEVER ALONE (vv. 25-40)

c.) Widowed (vv. 39-40)

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**What about me . . . here . . . today?**

