

CONTENTEDNESS

Series: "7 Spiritually Healthy Habits"



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The 17th Century German philosopher and theologian, Immanuel Kant, pointed out: *“Give a man everything he desires and yet at this very moment he will feel that everything is not everything.”*

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The 16th Century British theologian, William Law instructed: *“One who makes it a rule to be content in every part and accident of life because it comes from God praises God in a much higher manner than one who has some set time for the singing of psalms.”*

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Philippians 4:11-14 *I don't say this out of need, for I have learned to be content in whatever circumstances I am. I know both how to have a little, and I know how to have a lot. In any and all circumstances I have learned the secret of being content--whether well-fed or hungry, whether in abundance or in need. I am able to do all things through Him who strengthens me. Still, you did well by sharing with me in my hardship. (HCSB, emphasis mine)*

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WHAT WE NEED TO KNOW:

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WHAT WE NEED TO KNOW:

I.) CONTENTMENT IS LEARNED

II.) CONTENTMENT IS CONTINUOUS

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II.) CONTENTMENT IS CONTINUOUS

A.) All Situations

B.) All Things

1.) Money

2.) Possessions

3.) People

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WHAT WE NEED TO KNOW:

- I.) CONTENTMENT IS LEARNED**
- II.) CONTENTMENT IS CONTINUOUS**
- III.) CONTENTMENT IS GREAT GAIN**

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1Timothy 6:6-12 *But godliness with contentment is a great gain. For we brought nothing into the world, and we can take nothing out. But if we have food and clothing, we will be content with these. But those who want to be rich fall into temptation, a trap, and many foolish and harmful desires, which plunge people into ruin and destruction. For the love of money is a root of all kinds of evil, and by craving it, some have wandered away from the faith and pierced themselves with many pains. Now you, man of God, run from these things; but pursue righteousness, godliness, faith, love, endurance, and gentleness. Fight the good fight for the faith; take hold of eternal life, to which you were called and have made a good confession before many witnesses.*

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One Caution:

Sir James Mackintosh, a Scottish jurist, politician and historian, further cautions:

“It is right to be contented with what we have, never with what we are.”